Vision for PE at Hexham Middle School

Physical Education is one of the most powerful mass movers in changing and improving the lives of young people. As such, a key aim of the physical education department is to develop a strong "sporting culture" within school for both participation and excellence, for all pupils. Through this culture we aim to 'create a sporting habit for life."

'As a department, we aim to develop pupils who are physically literate. We aim to do this by providing a challenging, disciplined and safe environment for high quality teaching and learning. This is achieved through creating an enjoyable and productive atmosphere for staff and pupils, where we strive to inspire and engage students to participate and achieve. This will enable all pupils to have the motivation, confidence, understanding, knowledge and confidence to make positive lifestyle choices and choose to be active for life.'

Key achievements to date:

- Pupils receive two timetabled lessons of PE in year five and six. In Y5 pupils also have a swimming lesson of 30 minutes for 6 weeks.
- All pupils in KS 2 take part in at least three intra sport festivals on the school site.
- All Y5 pupils take part in a Team Building day to help with the transition into a new school.
- Clubs are specifically identified as an Active Hexham and Sporting Hexham so pupils can see the ethos for each club and make an informed choice.
- HMS provided more competitive opportunities through targeted attendance of School Games.
- HMS attended Orienteering festival with 30 pupils. HMS won four out

Areas for further improvement and baseline evidence of need:

- Develop more targeted strategies to engage all pupils to become physically literate citizens.
- Target specific groups with activity to develop positive attitudes towards leading healthy lifestyles.
- Integrate ICT more effectively into lessons to engage and enrich learning and positive attitudes to health and wellbeing.
- **Embed** TREDS RFU core values for teaching in every PE lesson.
- **Identify key barriers** that prevent some pupils from becoming physical literate. Barriers that deny these pupils from engaging fully in school life.
- Continue to refine the use of regular questionnaires to understand current impact and inform future action.











- of the six individual races that we entered. We also won the Y5 and Y6 County trophy for the best overall performance.
- Golf extreme has been purchased and a scheme of work was trialed in Y6. An approach to either Hexham Golf or Close House golf will be made this year.
- B teams ran for KS2 football. Boys B team Y6 pupils. Girls B team was Y5 girls.
- Ipads networked and WiFi installed in Beaumont Gym used for a variety of purposes in lessons.
- Forest schools ran successfully in Y5 with a small group of targeted pupils.

- Improve attendance of clubs at KS2: 70% of KS2 attend extra-curricular sports and physical activity clubs.
- Exploit School Games and Inter School fixtures to increase to 80% of KS2 students taking part in competitive school sport events.
- Continue to develop a discrete SEND PE club.
- Develop the use of Forest School in KS2. Run an afterschool Forest School club. Train a member of HMS staff to become a forest school practitioner.

Meeting national curriculum requirements for swimming and water safety	Please complete all of the below:
What percentage of your Year 6 pupils could swim competently, confidently and proficiently over a distance of at least 25 meters when they left your primary school at the end of last academic year?	88%
What percentage of your Year 6 pupils could use a range of strokes effectively [for example, front crawl, backstroke and breaststroke] when they left your primary school at the end of last academic year?	85%
What percentage of your Year 6 pupils could perform safe self-rescue in different water-based situations when they left your primary school at the end of last academic year?	85%
Schools can choose to use the Primary PE and Sport Premium to provide additional provision for swimming but this must be for activity over and above the national curriculum requirements. Have you used it in this way?	38 pupils have been identified as potentially not swim competently over 25m. These pupils will receive extra swimming tuition.











Academic Year: 2018/19	Total fund allocated: £ 18200	Date Updated: September18		
Key indicator 1: The engagement of a primary school children undertake at	Percentage of total allocation: 13%			
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:
Dance: Specialist dance teacher to employ an after school club and a dinner time club.	 Dance coach booked to start in September. Dinner time club and after school club will be offered. 	£500		 Target specific DP pupils to attend. Liaise closely with Coach to ensure regular attendance of pupils. Aim to increase numbers so that we have 40 pupils regularly attending across both sessions.
Hall Sports Provides a range indoor sporting activity targeting pupils who are semi sport who have not yet found their sport.	 Identify date and time of the week for club. Publicize within KS2. Identify a range of engaging activity to be used within sessions. Remark Beaumont gym with Netball and badminton courts. This did not happen last year. 	£250		- Site Manager contacted to for quotes for line marking.
SEND Sporting Club Specific pupils targeted to attend a club based around social sport. Aiming to develop basic fundamental motor and social skills in a relaxed environment.	 Liaise with the SEND department to smooth entry for pupils. Start club in the Base before transitioning to Fellside and then Beaumont Gym. 	£200		- Constantly monitor provision. Respond to pupils suggestions for new activity.











Fitness Trackers Trial a project into current activity levels of pupils who are in KS2. Build a whole school physical activity ethos around 10000 steps a day.	- We will select 70 pupils randomly these pupils will be provided with a Fitness tracker (Letscom).	£1400	 YST Active 30:30 10 steps to an active school. We will use this technology to engage pupils in the 10000 steps a day initiative. If the scheme is successful, then we will look at developing it further in KS2. 	 Pupils daily logs to be recorded in their planners and monitored by the form teacher. Targets set/ daily weekly competitions devised/ dinner time club ran to promote activity/ training program devised to support training outside of school.
		Total: £2350		
Key indicator 2: The profile of PE and	sport being raised across the school	as a tool for who	ole school improvement	Percentage of total allocation: 19%
School focus with clarity on intended impact on pupils :	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:
Purchase Coaches Eye software to be used on the iPads. Software will allow pupils to film and analyse performance.	 Investigate software licensing Purchase software. 	£500		- Build use of software as regular part of schemes of work.
ICT Development Investigate local support that can be used to help integrate ICT more effectively into PE learning. Live moderation of pupils performing during practical sessions.	- Purchase another ten iPads.	£1000	 IPad used to collect performances in Football, netball. Video used to collect information and used successfully in moderation. - investigate the use of VEO by pupils to provide peers assessment in PE situations. 	 Use ipads to support intra and inter school registers. Identify how Office 365 can help collect and analyze data effectively to inform future judgements regarding future targets.











Upgrade ICT provision for dance and HRF in Fellside Hall.	 Replace laptop with Desktop computer. Liaise with SP to investigate best options 	£250	- Purchase equipment to support and extend provision.	 Provide options to help with Mass Participation dance club. Projecting online dance activities. To raise activity levels.
Forest School Sessions Targeted forest school sessions with a local provider. Provide pupils with opportunity to improve skills, knowledge and understanding by engaging with the natural environment.	 Investigate local providers to assess suitability for HMS. Sessions to start with a specific group of targeted pupils. 	£1500		 Build on the positive work from last year. Provide an extracurricular to provide access to more pupils.
Play Ground Leaders Train KS2 pupils to run activity on the yards at Break Time and Dinner Time.	 Develop our own in house leadership scheme to train Y6 pupils to lead activity while supervised. Identify some generic equipment to be used on the yard. 	£200	 Training from last year cancelled due to building works. Training materials are compiled but training on hold due ongoing problems with the yards. 	 Training fill form an annual recruitment of leaders for activity on the yard. - investigate the opportunities that the School Games organiser can provide.
		Total: £3450		









Key indicator 3: Increased confidence	, knowledge and skills of all staff in t	eaching PE and s	port	Percentage of total allocation:
				7%
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:
Departmental Training Sign up to the AfPE accreditation scheme. Nationally recognized kite mark for excellence.	 Email AfPE to obtain the document and application form. Self review PE performance to inform improvement. 	£200		- Develop the use of Google Forms to help collect and analyze data more effectively. Use data to make more informed judgements about provision.
Join Youth Sport Trust at L2	 Join online Complete online audit tool. Develop an action plan to implement Active 30:30. 	£200		 Provides access to online audit and Kitemark tool. Provides access to Active 30:30: 10 steps to an active school. Use this to guide our Fitness Tracker study to influence pupil activity.
HMS staff to undertake Forest School training	 Identify key staff who are currently working with the key target groups to be trained. Find a local training course 	£1000	 Continue with current provider Speak to current provider for guidance 	
		Total: £1400		
Key indicator 4: Broader experience o	f a range of sports and activities offe	ered to all pupils		Percentage of total allocation: 22%
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:











Additional achievements: Golf: Equipment bought last year, and activity built into scheme of work. Look at extending equipment to run a small competition on the school site.	- Talk to golfing staff to get a club ready to start after Easter.	£500		- Use SPH to build specific links into Hexham Golf Club.
Team Building Day for Y5: Re run the successful day from last year. Ran by an external provider. Help new classes bond together and develop a strong class spirit.	 Pupils to participate in a range of physical team building challenges. contact provider from last year to book in a date. 	£250		- Build team building activities into warm ups during curriculum lessons.
Cultural Games: We propose to teach a new unit based on Cultural Games: focused on games around the world. Purchase equipment with a Para Olympic theme.	 Purchase specific equipment to facilitate the new unit of work Equipment to be used with SEND club 	£200		- Specifically identify target pupils to be specific leaders within the activities.
Cricket: The local SDO will run an extracurricular club for cricket in preparation to attending festivals in the summer.	- Run a KS2 boys and girls cricket club in preparation for the summer tournaments.	£500		- Get Y8 pupils trained as Activators to help with clubs in school.
Fitness/ Dance Mass Participation Use of online and recorded workouts used on the projectors to provide fun physical activity for staff and pupils.	 Run turn up and dance sessions in the Gym. Sessions informal, social and fun. 	No Cost		Get clubs started after Christmas.Run as a wet weather activity.
Upgrade and Repairs to Existing Equipment	- Repairs to gymnastics equipment.	£500	- Identify mats that need to be replaced.	











TOP UP Swimming	- Extra catch up swimming lessons to allow pupils to succeed at NC swimming and water safety requirements.	£2000 Total: £3950	- Currently have 38 pupils who are at risk of not achieving national expectations.	- Have established better communication with WLC. At risk pupils are identified before they come to HMS. These pupils are targeted to swim from week 2.
Key indicator 5: Increased participation	n in competitive sport			Percentage of total allocation:
	[a	I- 1:	Te	39%
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:
Intra School Activity: Expand our range of House based competitions. We will buy • medals • upgrade old trophies • buy new Trophies Hire of equipment to support the delivery of sports day.	 Provide a competitive opportunity each half term. Ensure that each competition provides all pupils to compete and contribute to House totals. Build into curricular PE more opportunities to play in intra house competitions. Last lessons in a teaching sequence will become moderation festivals. Pupils will participate in a range of sports scoring points for their own houses. 			- Trophies are one off payments.
	- Upgrade yards to support house competitions.			 Fellside Top Yard: redevelop yards to better support learning. Long Jump pit is becoming unusable due to a lack of maintenance.
Redevelop the long jump pit. Replace existing boards and sand. Reshape the Created by: Physical SPORT TRUST	Supported by: 🔥	COAC	CHING OF STATE OF STA	becoming unusable d

edges so the pit functions more effectively as a teaching area.			Work may not take place if it is prohibitively expensive. - Continue to develop curriculum provision to support intra house competition.
Transport: Due to rural catchment in Tynedale the cost of attending inter school sport is substantial. Funding will be used to support the extensive inter school sporting offer at HMS.	 Fund transport to support existing provision. Attend L2 School Games competitions. 	£2530	
Raising Profile of Sport and PE Purchase display cabinets for HMS Trophies.	Trophies currently not on prominent display they have become hidden behind newly installed cat hooks.	£200	- Raised awareness of how well pupils at HMS perform.
		Total: £7050	









