



WEEK 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Lasagna with Garlic Bread	Pork Korma with Rice	Roast of the day with Yorkshire Pudding	Meatballs in Spicy Tomato Sauce	Home Made Beef Burger in a Bun
Option 2	Sweet Chilli Chicken Wrap	Carbonara	Salmon & Cod Fishcake	Burrito	Oven Baked Fish Fingers
Vegetarian	Pasta with a choice of Sauces	Pizza Baguette	Tomato & Basil Pasta Bake	Macaroni Cheese with Garlic Bread	Spicy Bean Burger in a Bun
Jacket Potato	Jacket Potato with a selection of fillings available daily	Jacket Potato with a selection of fillings available daily	Jacket Potato with a selection of fillings available daily	Jacket Potato with a selection of fillings available daily	Jacket Potato with a selection of fillings available daily
Vegetables	Selection of seasonal vegetables	Selection of seasonal vegetables	Selection of seasonal vegetables	Selection of seasonal vegetables	Selection of seasonal vegetables
Potatoes, Rice, Pasta, Noodles	A selection of Pasta, Rice, Cous Cous, Potato or bread are served daily with the main course. Chips served Friday	A selection of Pasta, Rice, Cous Cous, Potato or bread are served daily with the main course. Chips served Friday	A selection of Pasta, Rice, Cous Cous, Potato or bread are served daily with the main course. Chips served Friday	A selection of Pasta, Rice, Cous Cous, Potato or bread are served daily with the main course. Chips served Friday	A selection of Pasta, Rice, Cous Cous, Potato or bread are served daily with the main course. Chips served Friday
Sandwiches	Selection of freshly made Sandwiches & Salads available daily	Selection of freshly made Sandwiches & Salads available daily	Selection of freshly made Sandwiches & Salads available daily	Selection of freshly made Sandwiches & Salads available daily	Selection of freshly made Sandwiches & Salads available daily
Salad Bowls & Bread Basket	Selection of salad items served daily i.e. Mixed Salad, Sliced Peppers, Carrot Sticks, Coleslaw, Pasta Salad	Selection of salad items served daily i.e. Mixed Salad, Sliced Peppers, Carrot Sticks, Coleslaw, Pasta Salad	Selection of salad items served daily i.e. Mixed Salad, Sliced Peppers, Carrot Sticks, Coleslaw, Pasta Salad	Selection of salad items served daily i.e. Mixed Salad, Sliced Peppers, Carrot Sticks, Coleslaw, Pasta Salad	Selection of salad items served daily i.e. Mixed Salad, Sliced Peppers, Carrot Sticks, Coleslaw, Pasta Salad
Dessert Option 1	Orange Sponge and Custard	Lemon Meringue Pie	Fruit Crumble with Custard	Chocolate Pear Pudding with Chocolate Sauce	Fruit Muffin Glass of Fruit Juice
Dessert Option 2	Cheese & Crackers	Fresh Fruit Salad	Jelly Sundae	Fruity Flapjack	Melon
Also available daily as an alternative dessert	Selection of Yoghurts, Fresh Fruit, Fruit Juice & Homebake	Selection of Yoghurts, Fresh Fruit, Fruit Juice & Homebake	Selection of Yoghurts, Fresh Fruit, Fruit Juice & Homebake	Selection of Yoghurts, Fresh Fruit, Fruit Juice & Homebake	Selection of Yoghurts, Fresh Fruit, Fruit Juice & Homebake



WEEK 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Sweet and Sour Chicken with Rice	Spaghetti Bolognaise	Steak & Vegetable Pie	Roast of the day with Yorkshire Pudding	Oven Baked Fish Fingers
Option 2	Cheese & Ham or Cheese Panini	Chicken Risotto	Salmon Fillet in Wholemeal Crumb	Tuna and Cheese Wraps	Oven baked Sausages
Vegetarian	Pasta with a choice of sauces	Mexican Burrito or Cheese wrap	Macaroni Cheese with Garlic Bread	Sweet Potato Curry	Broccoli and Cheese Quiche
Jacket Potato	Jacket Potato with a selection of fillings available daily	Jacket Potato with a selection of fillings available daily	Jacket Potato with a selection of fillings available daily	Jacket Potato with a selection of fillings available daily	Jacket Potato with a selection of fillings available daily
Vegetables	Green Beans & Carrot Batons	Courgettes & Mixed Vegetables	Sliced Carrots & Garden Peas	Roasted Vegetables & Cauliflower	Mushy Peas & Sweetcorn
Potatoes, Rice, Pasta, Noodles	A selection of Pasta, Rice, Cous Cous, Potato or bread are served daily with the main course. Chips served Friday	A selection of Pasta, Rice, Cous Cous, Potato or bread are served daily with the main course. Chips served Friday	A selection of Pasta, Rice, Cous Cous, Potato or bread are served daily with the main course. Chips served Friday	A selection of Pasta, Rice, Cous Cous, Potato or bread are served daily with the main course. Chips served Friday	A selection of Pasta, Rice, Cous Cous, Potato or bread are served daily with the main course. Chips served Friday
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Dessert Option 1	Chocolate Fudge Pudding	Rice Pudding and Peaches	Lemon Drizzle Cake	Oaty Apple Crumble with Custard	Homemade soup with French Stick
Dessert Option 2	Fruit Whip	Fresh Fruit Salad	Frozen Fruit Smoothie	Fruit Jelly Sundae	Glass of Milk with Homemade
Also available daily as an alternative dessert	Selection of Yoghurts, Fresh Fruit, Fruit Juice & Homebake	Selection of Yoghurts, Fresh Fruit, Fruit Juice & Homebake	Selection of Yoghurts, Fresh Fruit, Fruit Juice & Homebake	Selection of Yoghurts, Fresh Fruit, Fruit Juice & Homebake	Selection of Yoghurts, Fresh Fruit, Fruit Juice & Homebake



WEEK 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Chicken Tikka with Rice	BBQ Pulled Pork with Rice	Roast Gammon & Pineapple	Mince & Dumplings	Breaded Fish Fillet
Option 2	Tuna Melt	Fish Cake	Chilli Con Carne with Rice	Chicken Fajita	Beef Enchiladas
Vegetarian	Pasta with a choice of Sauces	Cheese & Onion Lattice	Mediterranean & Bean Pasta Bake	Vegetable Stir Fry	Margherita Pizza
Jacket Potato	Jacket Potato with a selection of fillings available daily	Jacket Potato with a selection of fillings available daily	Jacket Potato with a selection of fillings available daily	Jacket Potato with a selection of fillings available daily	Jacket Potato with a selection of fillings available daily
Vegetables	Selection of seasonal vegetables	Selection of seasonal vegetables	Selection of seasonal vegetables	Selection of seasonal vegetables	Selection of seasonal vegetables
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Dessert Option 1	Jam Sponge and Vanilla Sauce	Mandarin Cheesecake	Apple Crumble with Custard	Sticky Toffee Pudding with Vanilla Sauce	Carrot Cake with Glass of Fruit Juice
Dessert Option 2	Cheese & Crackers	Fresh Fruit Salad	Fruit Whip	Jelly Sundae	Ice cream sundae
Also available daily as an alternative dessert	Selection of Yoghurts, Fresh Fruit, Fruit Juice & Homebake	Selection of Yoghurts, Fresh Fruit, Fruit Juice & Homebake	Selection of Yoghurts, Fresh Fruit, Fruit Juice & Homebake	Selection of Yoghurts, Fresh Fruit, Fruit Juice & Homebake	Selection of Yoghurts, Fresh Fruit, Fruit Juice & Homebake