



WEEK 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Lasagna with Garlic Bread	Pork Korma with Rice	Roast of the Day with Yorkshire Pudding	Meatballs in Spicy Tomato Sauce	Home-made Beef Burger in a Bun
Option 2	Sweet Chili Chicken Wrap	Spaghetti Carbonara	Salmon & Cod Fishcake	Burrito	Oven Baked Fish Fingers
Vegetarian	Pasta with a Choice of Sauces	Pizza Baguette	Tomato & Basil Pasta Bake	Macaroni Cheese with Garlic Bread	Spicy Bean Burger in a Bun
Jacket Potato	Jacket Potato with a selection of fillings available daily	Jacket Potato with a selection of fillings available daily	Jacket Potato with a selection of fillings available daily	Jacket Potato with a selection of fillings available daily	Jacket Potato with a selection of fillings available daily
Vegetables	Selection of seasonal vegetables	Selection of seasonal vegetables	Selection of seasonal vegetables	Selection of seasonal vegetables	Selection of seasonal vegetables
Potatoes, Rice, Pasta, Noodles	A selection of Pasta, Rice, Couscous, Potato or bread are served daily with the main course. Chips served Friday	A selection of Pasta, Rice, Couscous, Potato or bread are served daily with the main course. Chips served Friday	A selection of Pasta, Rice, Couscous, Potato or bread are served daily with the main course. Chips served Friday	A selection of Pasta, Rice, Couscous, Potato or bread are served daily with the main course. Chips served Friday	A selection of Pasta, Rice, Couscous, Potato or bread are served daily with the main course. Chips served Friday
Sandwiches	Selection of freshly made Sandwiches & Salads available daily	Selection of freshly made Sandwiches & Salads available daily	Selection of freshly made Sandwiches & Salads available daily	Selection of freshly made Sandwiches & Salads available daily	Selection of freshly made Sandwiches & Salads available daily
Salad Bowls & Bread Basket	Selection of salad items served daily: Mixed Salad, Sliced Peppers, Carrot Sticks, Coleslaw, Pasta Salad	Selection of salad items served daily: Mixed Salad, Sliced Peppers, Carrot Sticks, Coleslaw, Pasta Salad	Selection of salad items served daily: Mixed Salad, Sliced Peppers, Carrot Sticks, Coleslaw, Pasta Salad	Selection of salad items served daily: Mixed Salad, Sliced Peppers, Carrot Sticks, Coleslaw, Pasta Salad	Selection of salad items served daily: Mixed Salad, Sliced Peppers, Carrot Sticks, Coleslaw, Pasta Salad
Dessert Option 1	Orange Sponge and Custard	Lemon Meringue Pie	Fruit Crumble with Custard	Chocolate Pear Pudding with Chocolate Sauce	Fruit Muffin with Glass of Fruit Juice or Milk
Dessert Option 2	Cheese & Crackers	Fresh Fruit Salad	Jelly Sundae	Fruity Flapjack	Melon
Also available daily as an alternative dessert	Yoghurts, Fresh Fruit, Fruit Juice & Homebake	Yoghurts, Fresh Fruit, Fruit Juice & Homebake	Yoghurts, Fresh Fruit, Fruit Juice & Homebake	Yoghurts, Fresh Fruit, Fruit Juice & Homebake	Yoghurts, Fresh Fruit, Fruit Juice & Homebake



WEEK 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Sweet and Sour Chicken with Rice	Spaghetti Bolognese	Steak & Vegetable Pie	Roast of the day with Yorkshire Pudding	Oven Baked Fish Fingers
Option 2	Cheese & Ham or Cheese Panini	Chicken Risotto	Salmon Fillet in Wholemeal Crumb	Tuna and Cheese Wraps	Oven Baked Sausages
Vegetarian	Pasta with a Choice of Sauces	Mexican Burrito or Cheese wrap	Macaroni Cheese with Garlic Bread	Sweet Potato Curry	Broccoli and Cheese Quiche
Jacket Potato	Jacket Potato with a selection of fillings available daily	Jacket Potato with a selection of fillings available daily	Jacket Potato with a selection of fillings available daily	Jacket Potato with a selection of fillings available daily	Jacket Potato with a selection of fillings available daily
Vegetables	Selection of Seasonal Vegetables	Selection of Seasonal Vegetables	Selection of Seasonal Vegetables	Selection of Seasonal Vegetables	Selection of Seasonal Vegetables
Potatoes, Rice, Pasta, Noodles	A selection of Pasta, Rice, Couscous, Potato or bread are served daily with the main course. Chips served Friday	A selection of Pasta, Rice, Couscous, Potato or bread are served daily with the main course. Chips served Friday	A selection of Pasta, Rice, Couscous, Potato or bread are served daily with the main course. Chips served Friday	A selection of Pasta, Rice, Couscous, Potato or bread are served daily with the main course. Chips served Friday	A selection of Pasta, Rice, Couscous, Potato or bread are served daily with the main course. Chips served Friday
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Dessert Option 1	Chocolate Fudge Pudding	Rice Pudding and Peaches	Lemon Drizzle Cake	Oaty Apple Crumble with Custard	Cup Cake
Dessert Option 2	Fruit Whip	Fresh Fruit Salad	Frozen Fruit Smoothie	Fruit Jelly Sundae	Fruity Flapjack with Glass of Milk
Also available daily as an alternative dessert	Yoghurts, Fresh Fruit, Fruit Juice & Homebake	Yoghurts, Fresh Fruit, Fruit Juice & Homebake	Yoghurts, Fresh Fruit, Fruit Juice & Homebake	Yoghurts, Fresh Fruit, Fruit Juice & Homebake	Yoghurts, Fresh Fruit, Fruit Juice & Homebake



WEEK 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Chicken Tikka with Rice	BBQ Pulled Pork with Rice	Roast Gammon & Pineapple	Mince & Dumplings	Breaded Fish Fillet
Option 2	Tuna Melt	Fish Cake	Chilli Con Carne with Rice	Chicken Fajita	Beef Enchiladas
Vegetarian	Pasta with a Choice of Sauces	Cheese & Onion Lattice	Mediterranean & Bean pasta bake	Vegetable Stir Fry	Margherita Pizza
Jacket Potato	Jacket Potato with a selection of fillings available daily	Jacket Potato with a selection of fillings available daily	Jacket Potato with a selection of fillings available daily	Jacket Potato with a selection of fillings available daily	Jacket Potato with a selection of fillings available daily
Vegetables	Selection of seasonal vegetables	Selection of seasonal vegetables	Selection of seasonal vegetables	Selection of seasonal vegetables	Selection of seasonal vegetables
Potatoes, Rice, Pasta, Noodles	A selection of Pasta, Rice, Couscous, Potato or bread are served daily with the main course. Chips served Friday	A selection of Pasta, Rice, Couscous, Potato or bread are served daily with the main course. Chips served Friday	A selection of Pasta, Rice, Couscous, Potato or bread are served daily with the main course. Chips served Friday	A selection of Pasta, Rice, Couscous, Potato or bread are served daily with the main course. Chips served Friday	A selection of Pasta, Rice, Couscous, Potato or bread are served daily with the main course. Chips served Friday
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Dessert Option 1	Jam Sponge and Vanilla Sauce	Mandarin Cheesecake	Apple Crumble with Custard	Sticky Toffee Pudding with Vanilla Sauce	Carrot Cake with Glass of Fruit Juice
Dessert Option 2	Cheese & Crackers	Fresh Fruit Salad	Fruit Whip	Jelly Sundae	Ice Cream Sundae
Also available daily as an alternative dessert	Yoghurts, Fresh Fruit, Fruit Juice & Homebake	Yoghurts, Fresh Fruit, Fruit Juice & Homebake	Yoghurts, Fresh Fruit, Fruit Juice & Homebake	Yoghurts, Fresh Fruit, Fruit Juice & Homebake	Yoghurts, Fresh Fruit, Fruit Juice & Homebake