



Northumberland School Games

Stair Climb Challenge



Are you UP for our stair climbing challenge?

Can you reach the top of our 17 different landmarks over the summer holidays?

Count every flight of stairs that your family climb, or 15 step ups on a doorstep also counts as one flight.

Target	Landmark	FLIGHTS OF STAIRS	Tick when climbed!
1	Millennium Dome, London	21	
2	Sydney Opera House, Australia	28	
3	'Big Ben', London	42	
4	Forth Rail Bridge, Scotland	45	
5	BT Tower, Birmingham	66	
6	Blackpool Tower, England	69	
7	Seattle Space Needle, USA	78	
8	Canary Wharf Tower, London	107	
9	Petronas Twin Towers, Malaysia	190	
10	CN Tower, Toronto, Canada	233	
11	Slieve Donard, Northern Ireland	360	
12	Scafell Pike, England	412	
13	Snowdon, Wales	475	
14	Ben Nevis, Scotland	587	
15	Mount Blanc, France	2028	
16	Mount Kilimanjaro, Tanzania	2578	
17	Mount Everest, Nepal	3871	



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Use this table to record how many flights of stairs your family climbs each day, and then enjoy ticking off the landmarks as you reach the top! *(remember that 15 step ups are also the same as one flight)*

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	TOTAL
Week 1								
Week 2								
Week 3								
Week 4								
Week 5								
Week 6								

