

Hexham Middle School: School Uniform

All Pupils	<ul style="list-style-type: none">• School sweatshirt with the HMS school logo• White polo shirt• Plain black/grey formal school skirt, trousers or shorts (denim, leggings or legging-type trousers, casual trousers are not acceptable)• Plain, black low heeled polishable shoes or ankle boots. No trainers, sandals or canvas shoes. *
General	<ul style="list-style-type: none">• Jewellery – watches and stud earrings are acceptable. One stud earring per ear lobe is acceptable.• Small, plain, black belts are acceptable.• No make-up.• No nail varnish.• No extreme hairstyles (no shaved patterns/areas, no dyed hair).• Uniform should be appropriate both with regard to the school's Uniform Policy and in the judgement of senior staff.

** for health and safety reasons pupils will be expected to change their footwear for PE lessons.*

The school uniform and PE requirements are available to purchase through Ian Miller:

<http://www.greggsports.com/>

He can be contacted on 07540 338680 or by email: ian.millar@greggsports.com

HMS PE Kit

Compulsory Items

Indoor PE

- Black football-style shorts or black full-length Lycra sports leggings
- Green HMS logo short-sleeved polo shirt
- For indoor PE, dance and gymnastics, the children will be in bare feet

Outdoor PE

- Black football-style shorts or black full-length Lycra sports leggings
- Green HMS logo short-sleeved polo shirt
- Black sports-style socks (to ensure that pupils have dry socks to change into after all activities)
- Green HMS logo hooded top

Footwear for PE

Astro Turf-style trainers with a good grip. This style of shoe provides a good compromise of grip and skill performance, allowing pupils to learn to their full potential across a range of physical activities.

Personal Protection Equipment: strongly advised for the following activities

The following items are needed from September until October and again from February until Easter for our invasion games units, extra-curricular school clubs and competitive inter-school fixtures:

1. Football boots – moulded football boots are recommended as they are more comfortable on the feet especially if you are not used to wearing them.
2. Age-appropriate shin pads for hockey and football.
3. A mouth guard is strongly advised for hockey and rugby units of learning and extra-curricular clubs.

Optional Items for Outdoor PE: Cold Weather Backup

Please be aware that from November to February all PE lessons will be indoors.

We like to get out as much as possible at HMS and make best use of our excellent outdoor spaces. If the weather is cold we would like pupils to be prepared to go outside by bringing suitable sporting layers. We encourage all pupils to wear a long-sleeved base layer top to go under their t-shirt.

Please note jogging bottoms are not permitted for PE. When wet, they are cold and heavy and not suitable for exercise. If pupils would like to wear long trousers, they must be made of Lycra material. There may be occasions when students are attending sporting events and jogging bottoms may be worn to travel in, but they must not be used to take part in the sporting activity.

PE Tips

- PE bag should be large enough to accommodate all kit, boots and trainers
- Include a carrier bag for wet and muddy footwear
- Write the pupil's surname along the foot of PE socks in permanent pen
- Write names on the inside of hems as well as on labels
- Choose shorts with a white label rather than a black label, as it is easier to write on a white label
- For health and safety reasons, pupils will be expected to change their footwear for PE lessons

Further Guidance

In order to assist parents/carers and pupils to comply with the school's uniform code, further clarification is given below.

School sweatshirt

- Students must wear/bring a school sweatshirt to school every day.
- No other sweatshirts must be worn within school.
- No cardigans or jumpers must be worn.
- If an additional layer is needed it should be a coat, jacket or plain zipped sweatshirt. It must be removed upon arrival at school.

School trousers/skirts/shorts

- Formal school trousers do not include black jeans, black canvas trousers of any type, or cotton chino trousers.
- The trousers should not have any rivets/studs in the pockets.
- Trousers should also be full length and not rolled up at the ankle. Leggings or leggings-style trousers of any type are not acceptable.
- Skirts and shorts should be of a respectable length. Very short, tight, tube style skirts are not appropriate. Knee-length skirts and shorts are appropriate.

Hosiery

- Plain grey, white or black socks or tights.

Hairstyles

- No extreme hairstyles (no shaved patterns or areas, no dyed hair)

Mobile phones

Pupils are allowed to bring a mobile phone to school. However they must be switched off when arriving at school. They must not be used/checked during the school day. If parents/carers need to urgently contact their child during the school day, please contact the school office (01434 602533). If a matter is urgent, pupils can contact parents/carers at break or lunch from the school office. Mobile phones are brought at pupils' own risk and school does not accept any responsibility for the loss or damage of mobile phones.

Equipment Required for School

It is expected that pupils should have the appropriate equipment to carry out their lessons at school/activities after school. This equipment is essential for pupils to learn effectively and it allows for a prompt start to lessons.

This includes:

- A bag, large enough to carry an A4 file and other books etc. The bag should be brought to school every day.

The bag should contain a:

- Reading book
- Pencil case
- Planner (provided at the start of the year by school)
- Black pen, blue pen, green pen and spares
- Pencil and spare
- 30cm ruler
- Rubber
- Glue stick
- Notebook/jotter
- Scientific calculator (KS3 only)
- A4 folder secured with elastic or a zip large enough for a reading book, A4 exercise book(s) and student planner to fit inside (this would normally be made from plastic or fabric)
- Clear water bottle with a secure top to avoid spillages

A separate bag will be needed for their PE kit.

Pupils may also bring a small purse-like bag which they can keep with them at all times to carry their mobile phone and purse/wallet.

All uniform and equipment should be clearly named.