











HMS PE Uniform - Footwear to use on the 3G all-weather pitch

Students must have the recommended footwear for PE lessons and after school clubs (please see the images below for guidance).

Type of footwear	Guidance	Acceptable/ Unacceptable
	<p><u>Moulded boots</u> This is the recommended footwear for the 3G all-weather pitch.</p> <p>There are various stud configurations that are all acceptable on the surface.</p> <p>Sports they can be used: Rugby and football</p>	
	<p><u>Football Studded boots</u> Screw in studs can be used on the 3G all-weather pitch. They must have a metal tip at the end of the stud and must be 1cm in diameter and have no sharp edges or burring.</p> <p>Sports they can be used: Rugby and football</p>	
	<p><u>Rugby studded boots</u> Rugby boots with screw in studs can be used on the 3G all-weather pitch. Studs must be 1cm in diameter and have no sharp edges or burring.</p> <p>Sports they can be used: Rugby only</p>	
	<p><u>Bladed boots</u> Please note that whilst some bladed footwear is legal for playing rugby and football, they are unfortunately not permitted on our 3G all-weather pitch, due to the damage this will cause to the playing surface.</p>	

	<p>AstroTurf trainers Please note that AstroTurf trainers or running trainers are not allowed on the surface at any time. This footwear pushes the grass down and compacts the 3G all-weather surface.</p>	
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Footwear to use on the Indoor and Hard Surfaces (Sports Hall, MUGA and Sand Based AstroTurf)		
Type of footwear	Guidance	Acceptable/ Unacceptable
	<p>AstroTurf trainers Good option for playing all types of games. Suitable cushioning for harder surfaces. Allows for good learning across the curriculum.</p>	
	<p>Running Shoes Suitable for all indoor and hard surfaces.</p>	
	<p>School shoes Pupils are not permitted to use school shoes. They must bring an additional pair of sports footwear to participate in all PE spaces, they cannot use school shoes, even if they are classed as trainers (e.g. air force ones).</p>	

Personal Protection Equipment	Guidance	Acceptable/ Unacceptable
	<p><u>Shin Pads</u> Recommended for hockey and football.</p> <p>Any pupil who is selected to represent school in a football match is required to have shin pads by the FA and ESFA.</p>	
	<p><u>Mouth Guard</u> Recommended for hockey and rugby units of work.</p>	
	<p><u>Hair Bobble</u> Required to keep everyone safe.</p> <p>Basic H&S requirement</p>	
	<p><u>Earrings and Jewellery</u></p> <p>No earrings or jewellery can be worn in lessons.</p> <p>We do not allow watches to be worn in PE. During some activities we may allow fitness trackers.</p>	