

## Week 1 HMS Vegan Menu - Please place your order at morning break.

Week Beginning -13<sup>th</sup> November, 4<sup>th</sup> December

	Monday	Tuesday	Wednesday	Thursday	Friday
Daily Vegan option	Vegan Pizza Baguette	Mexican 5 Bean Wrap	Vegetable Quarter Pounder in a Bun	Vegan Chip Shop Bites	Vegetarian Chilli served with Tortilla Chips
Pasta	Pasta served with a Vegan Sauce				
Jacket potatoes with side salad	Freshly Baked Jacket Potatoes with Vegan cheese, Beans				
Dessert Options	Please ask for the daily Vegan dessert option Alternatively Freshly Baked Cookies, Fresh Fruit Pots & Fresh Fruit are also available daily				

## Week 2 HMS Vegan Menu Please place your order at morning break.

Week Beginning - 20<sup>th</sup> November, 11<sup>th</sup> December

	Monday	Tuesday	Wednesday	Thursday	Friday
Daily vegan option	Vegan Cheese Fajita	Sweet Potato and Chickpea Curry served with Naan Bread	Quorn Fillet	Vegan Pazzini	Pasta served with Tomato and Basil Sauce
Pasta	Pasta served with a Vegan Sauce				
Jacket potatoes with side salad	Freshly Baked Jacket Potatoes with Vegan cheese, Beans				
Dessert Options	Please ask for the daily Vegan dessert option Alternatively Freshly Baked Cookies, Fresh Fruit Pots & Fresh Fruit are also available daily				

## Week 3 HMS Vegan Menu Please place your order at morning break.

Week Beginning -6<sup>th</sup> November, 27<sup>th</sup> November, 18<sup>th</sup> December

	Monday	Tuesday	Wednesday	Thursday	Friday
Daily Vegan option	Spicy bean Burger in a bun	Vegan Sausage Roll	Mediterranean Pasta Bake	Vegan Pizza	Pasta served with a Vegan Sauce
Pasta	Pasta served with a vegan sauce				
Jacket potatoes with side salad	Freshly Baked Jacket Potatoes with Vegan cheese, Beans				
Dessert Options	Please ask for the daily vegan dessert option Alternatively Fresh Fruit Pots, & Fresh Fruit are also available daily				