## **WEST NORTHUMBERLAND** FAMILY HUBS

What's on at Hexham Family Hub and online

For more info on Family Hubs please visit nland.cc/familyhubs





# pesp

Parents Early Education Partnership

A range of groups supporting parents and children to learn together



## PEEP BABIES (0-6 months) & (6-12 months)

Explore hints & tips to help you in these first few months with your baby. These sessions create stimulating play experiences, to how to communicate with your baby and understand each stage of their development.



## PEEP TODDLERS (1-2 years +)

Connect with others and discuss key aspects of your child's development as they learn and grow, which will support you in helping your child make the most of the world around them.



#### PEEP EARLY COMMUNICATORS (18 months +)

These sessions support young children in learning to express themselves and improves communication between parents and children. Help boost your little ones speech and language, social skills, routine and much more.

#### Midwife & Health Visitor Appointments

You can arrange to see your Midwife or Health Visitor at the Family Hub. Please contact them directly to book.

Midwife Appointments -0344 811 8118

@WestFamilyHubs

Find us on

Instagram-.

Health Visitor Appointments -0300 373 2488



Request information for services using our form, click here-.

nland.cc/fhrea



## Find Us

Get In Touch

Email:- hexhamfamilyhub

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Hexham Family Hub. Beaufront Avenue Hexham Northumberland NE46 1JD

#### LTTP-Learning Together Through Play

A weekly group for families with children under 5 offering play and activities to enjoy, with support from Practitioners.

Every Wednesday 10:00am - 11:30am (Term Time Only)



### LTTP AND

(Additional Needs & Disabilities)

A group for families with a child under 5 with an additional need or waiting for assessment. The Family Hubs are delighted to co-facilitate LTTP (AND) with Wecan.



## AND Sensory Chill Out A drop-in session for children aged 4-14 with a learning or

physical disability, and their family. Come along after school and meet other young people and families in a safe space.

**Every Monday** 3:30 - 4:45pm



## Family Cafe!

A warm welcoming space for friends and family, to talk to the Family Hub team about the services that we offer for you and your family from pre birth to 19 years (25 years for SEND).

8:45 - 10:15am Thursday 25th April, 23rd May, and 27th June



Family Panel Contact your Family Hub

Autism drop-in Contact your Family Hub First Aid Courses Coming soon



Infant Feeding Support Group

Friday's 10am-11.30am At Hexham Library Drop in