

# Week 1 QE Dairy & Egg Free Menu

Please place your order at morning break as the full choice of options may not be available at lunchtime if you have not ordered in advance.

	Monday	Tuesday	Wednesday	Thursday	Friday
Traditional Main	Chicken Fajita	Spaghetti Bolognese	Savoury Mince	Breaded Fish	Pasta with Meat Sauce
Vegetarian Option	Mediterranean Pasta	Vegetable Quarter Pounder in a Bun	Mexican Bean Wrap	Vegan Chip Shop Bites	Vegan Pizza Baguette
Jacket Potatoes with Side Salad	Freshly Baked Jacket Potatoes with Vegan cheese, Beans				
Dessert Option	Please ask for the daily Dairy free dessert option Alternatively Freshly Baked Cookies, Fresh Fruit Pots & Fresh Fruit are also available daily				

**Week 2 HMS Dairy & Egg Free Menu** Please place your order at morning break as the full choice of options may not be available at lunchtime if you have not ordered in advance.

	Monday	Tuesday	Wednesday	Thursday	Friday
Traditional Main	Chili Beef & Tortilla chips	Pasta Served with Vegan Sauce	Chicken Pie & Gravy	Beef Burger in a Bun	Pulled Pork Burrito
Vegetarian Option	Vegan Cheese Fajita	Sweet Potato and Chickpea Curry Served with Rice	Quorn fillet	Vegan Sausage Roll	Vegan Pizza
Jacket Potatoes with Side Salad	Freshly Baked Jacket Potatoes with Vegan cheese, Beans				
Dessert Option	Please ask for the daily Dairy dessert option Alternatively Freshly Baked Cookies, Fresh Fruit Pots & Fresh Fruit are also available daily				

**Week 3 HMS Dairy & Egg Free Menu** Please place your order at morning break as the full choice of options may not be available at lunchtime if you have not ordered in advance.

	Monday	Tuesday	Wednesday	Thursday	Friday
Traditional Main	Tex Mex Burritos	Pork Meatballs with Spaghetti	Roast Chicken & gravy	Oven baked Sausages	Chicken Goujon
Daily Vegetarian	Spicy bean Burger in a Bun	Pasta served with a Vegetarian Sauce	Vegan Sausage Roll	Vegan Pizza	Vegetarian Chili with Tortilla chips
Jacket Potatoes with Side Salad	Freshly Baked Jacket Potatoes with Vegan cheese, Beans				
Dessert Options	Please ask for the daily Dairy dessert option Alternatively Freshly Baked Cookies, Fresh Fruit Pots & Fresh Fruit are also available daily				