

Week 1 HMS Dairy & Egg Free Menu

Please place your order at morning break as the full choice of options may not be available at lunchtime if you have not ordered in advance.
We cannot guarantee the absence of allergens, as some products we use often say” may contain” although it is not listed as an ingredient.

	Monday	Tuesday	Wednesday	Thursday	Friday
Daily Main Course Dairy & Egg Free	Chicken Goujon Wrap	Spaghetti Bolognaise	Savoury Mince	Breaded Fish	Pasta with meat sauce
Vegan, Dairy & Egg Free	Mediterranean Pasta	Vegetable Quarter Pounder in a bun	Vegan sausage roll	Quorn Dippers	Vegan Pizza Baguette
Jacket potatoes with side salad	Freshly Baked Jacket Potatoes with Vegan cheese, Beans				
Dessert Option	Please ask for the daily Dairy free dessert option Alternatively Freshly Baked Cookies, Fresh Fruit Pots & Fresh Fruit are also available daily				

Week 2 HMS Dairy & Egg Free Menu

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	Monday	Tuesday	Wednesday	Thursday	Friday
Daily Main Course Dairy & Egg Free	Chili Beef & Tortilla chips	Spaghetti bolognaise	Chicken Casserole Or Sausages	Beef Burger in a Bun	Chicken Goujons in a wrap
Vegan, Dairy & Egg Free	Tomato & Basil Pasta	Vegan Cheese Panini	Quorn Vegan Sausage	Vegetable Burger in a Bun	Pasta with Vegi Sauce
Jacket potatoes with side salad	Freshly Baked Jacket Potatoes with Vegan cheese, Beans				
Dessert Option	Please ask for the daily Dairy dessert option Alternatively Freshly Baked Cookies, Fresh Fruit Pots & Fresh Fruit are also available daily				

Week 3 HMS Dairy & Egg Free Menu

Please place your order at morning break as the full choice of options may not be available at lunchtime if you have not ordered in advance.

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	Monday	Tuesday	Wednesday	Thursday	Friday
Daily Main Course Dairy & Egg Free	Tex Mex Burritos	Meatballs with Spaghetti or Breaded fish burger in a bun	Mince pie	Fish Fingers	Pasta served with a Vegetarian Sauce
Vegan, Dairy & Egg Free Option	Pasta served with a Vegetarian Sauce	Spicy bean burger in a bun	Vegan Sausage Roll	Mexican bean wrap	Jacket Potato & beans
Jacket potatoes with side salad	Freshly Baked Jacket Potatoes with Vegan cheese, Beans				
Dessert Options	Please ask for the daily Dairy dessert option Alternatively Freshly Baked Cookies, Fresh Fruit Pots & Fresh Fruit are also available daily				