

# Week 1 HMS Vegan Menu

Please place your order at morning break as the full choice of options may not be available at lunchtime if you have not ordered in advance.

We cannot guarantee the absence of allergens, as some products we use often say” may contain” although it is not listed as an ingredient

	Monday	Tuesday	Wednesday	Thursday	Friday
Main course option	Mediterranean Pasta	Vegetable Quarter Pounder in a bun	Vegan sausage roll	Quorn Goujons	Vegan Pizza Baguette
Pasta Option	Pasta is available daily with a vegan sauce				
Jacket potatoes with side salad	Freshly Baked Jacket Potatoes with Vegan cheese, Beans				
Dessert Option	Please ask for the daily Dairy free dessert option Alternatively Freshly Baked Cookies, Fresh Fruit Pots & Fresh Fruit are also available daily				

# Week 2 HMS Vegan Menu

Please place your order at morning break as the full choice of options may not be available at lunchtime if you have not ordered in advance.

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	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course Option	Tomato & Basil Pasta	Vegan Cheese Panini	Quorn Vegan Sausage	Vegetable Burger in a Bun	Pasta with Vegi Sauce
Pasta Option	Pasta is available daily with a vegan sauce				
Jacket potatoes with side salad	Freshly Baked Jacket Potatoes with Vegan cheese, Beans				
Dessert Option	Please ask for the daily Dairy dessert option Alternatively Freshly Baked Cookies, Fresh Fruit Pots & Fresh Fruit are also available daily				

# Week 3 HMS Vegan Menu

Please place your order at morning break as the full choice of options may not be available at lunchtime if you have not ordered in advance.

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	Monday	Tuesday	Wednesday	Thursday	Friday
Main course Option	Pasta served with a Vegetarian Sauce	Vegan Cheese Panini	Vegan Sausage Roll	Spicy bean burger in a bun	Jacket Potato & beans
Pasta Option	Pasta is available daily with a vegan sauce				
Jacket potatoes with side salad	Freshly Baked Jacket Potatoes with Vegan cheese, Beans				
Dessert Options	Please ask for the daily Dairy dessert option Alternatively Freshly Baked Cookies, Fresh Fruit Pots & Fresh Fruit are also available daily				